What to bring

A short checklist so testing day is one less thing to worry about.

For children and teens

A snack and water

A comfort item if it helps

Glasses, hearing aids or other daily aids

Any medication the provider asked you to bring or time instructions

School records, IEP or 504 plans and recent report cards

Any prior evaluations or therapy reports

Names and contact information for teachers or providers

For adults

Photo identification and insurance card, if using insurance

A list of current medications and doses

Any prior evaluations, school records or reports

Names of current providers

A list of questions or concerns

A snack, water and anything that helps you focus

Before the visit

Confirm the time, location and expected length

Ask about medications and whether to give them that day

Arrange transportation and a little extra time

Tell us about any accessibility or sensory needs

Bring a parent or support person if that helps

Day-of reminders

There is no passing or failing

Breaks are part of the plan

It is okay to ask questions

If something is not working, tell your provider

Questions? Call 817-735-4165.